

# When Do Most People **Get the Flu?**

**Most people get influenza (flu) from December through March.**

That's why you should get vaccinated now if you weren't vaccinated in October or November.



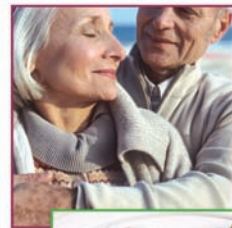
Influenza is usually spread by the coughing or sneezing of an infected person. You can't avoid these people in your daily life,

**so vaccination is your best defense against influenza.**



**It's not too late to get vaccinated.**

People at risk for influenza and those who want to reduce their risk of getting infected should get immunized.



Immunization offers **safe** and **simple** protection against influenza **throughout the flu season.**

**It's not too late...get your flu shot today.**